

Before and after your visit

Patient name: _____ DOB: _____ Today's date: _____

Before the injection

- Lipo-Mino-Mix-C contains B1, B2, B6, methionine, inositol, choline and L-carnitine. Report an allergy or previous reaction to any ingredient.
- Tell us about ingredient allergies, prior injection reactions, all medicines and supplements, pregnancy or breastfeeding. Report liver or kidney disease and any new symptoms.
- Discuss the intended benefit and limitations. This injection is an adjunct to a clinician-directed plan; it does not guarantee weight loss.

At the office

- Remain for your observation period and report any unexpected symptoms before leaving.

After the injection

- Local irritation or redness, nausea and fatigue can occur. Use the general injection-care sheet; call if symptoms are severe, persistent or worsening.
- Do not add extra injections or stack B-vitamin or other supplements without review. Keep the nutrition, activity and follow-up plan recommended for you.

When to seek help

- Call for fever, spreading redness, drainage, increasing swelling or a painful lump that does not settle. Call 911 for trouble breathing, swelling of the tongue or throat, chest pain, collapse or stroke symptoms.

Patient initials: _____ I acknowledge receipt of these instructions.

A copy will be kept in my patient record.