

Before and after your visit

Patient name: _____ DOB: _____ Today's date: _____

Before the injection

- Tell us about asthma, wheezing, prior injection reactions, all medicines and supplements, pregnancy or breastfeeding. Discuss whether this product is appropriate for your medical history.
- If a compounded preparation is used, discuss its unapproved status and the expected benefit and uncertainty for your reason for treatment.

At the office

- Follow the directed observation period. Tell staff immediately about wheezing, rash, dizziness, chest symptoms, nausea, chills or any unexpected reaction.

After the injection

- Use the general injection-care sheet. Report persistent local discomfort, a growing lump or another new symptom.
- Fever, severe chills, repeated vomiting, lightheadedness or feeling very ill after an injection require urgent assessment. Do not interpret these as normal detox symptoms.
- Contact the clinician before another injection if you had a reaction.

When to seek help

- Call for spreading redness, drainage, increasing pain or worsening asthma symptoms. Call 911 for trouble breathing, swelling of the tongue or throat, chest pain, collapse or stroke symptoms.

Patient initials: _____ I acknowledge receipt of these instructions.

A copy will be kept in my patient record.