

Before and after your visit

Patient name: _____ DOB: _____ Today's date: _____

Before the injection

- Tell us about a previous NAD+ reaction, heart, liver or kidney disease, cancer treatment, all medicines and supplements, pregnancy or breastfeeding.
- Follow your prescribed injection schedule. Do not add extra treatments or change your dose on your own.
- Compounded NAD+ is not FDA approved. Ask about expected benefits, uncertainties and alternatives for your particular goals.

At the office

- Stay for the observation time directed. Report flushing, nausea, headache, palpitations, chest pressure, dizziness or another unexpected symptom immediately.
- Chest pressure or breathing difficulty should be assessed; do not assume it is a routine NAD+ effect.

After the injection

- Local redness, swelling or soreness can occur. Use the general injection-care sheet and report a reaction that persists or worsens.
- Severe chills, shaking, repeated vomiting, fever or feeling markedly unwell need urgent medical assessment. These symptoms are not a sign of a beneficial detox response.
- Attend the planned review before further treatment if a reaction occurred.

Emergency symptoms

- Call 911 for trouble breathing, swelling of the tongue or throat, chest pain, collapse or stroke symptoms.

Patient initials: _____ I acknowledge receipt of these instructions.

A copy will be kept in my patient record.