

Before and after your visit

Patient name: _____ DOB: _____ Today's date: _____

Before the visit

- Bring a current medicine and supplement list and report allergies, pregnancy, breastfeeding, a new illness or a previous injection reaction. Tell staff if you have fainted with needles.
- Do not add an outside injection, double a missed treatment or change your prescribed schedule yourself.
- Follow any separately ordered lab preparation. Do not fast or change prescription medicines just for an injection unless your clinician directs it.

Before leaving the office

- Stay for the observation time staff specifies. Tell staff immediately about itching, a rash, breathing trouble, chest discomfort, dizziness, faintness or other unexpected symptoms.
- Keep your next-visit instructions and product-specific care sheet. Call 941-217-6864 for office follow-up; use urgent care or emergency services for urgent symptoms after hours.

After the visit

- Keep the site clean. If there is minor bleeding, apply gentle pressure with clean gauze. Avoid rubbing a painful or bruised site. Follow any product-specific activity instructions.
- A small sore spot or bruise may occur. Contact the office if it is increasing, persistent or worrying. Do not arrange another injection to treat a reaction.

Get medical help

- Seek prompt assessment for fever, spreading redness, warmth, drainage, increasing swelling or significant pain. Severe chills, repeated vomiting or feeling very ill after an injection need urgent assessment.
- Call 911 for trouble breathing, swelling of the tongue or throat, chest pain, collapse or stroke symptoms. Do not wait for a portal reply for an emergency.

Patient initials: _____ I acknowledge receipt of these instructions.

A copy will be kept in my patient record.