

Before and after your visit

Patient name: _____ DOB: _____ Today's date: _____

Before your appointment

- Tell us about pregnancy, electronic or metal implants, facial hardware, recent procedures, fillers, or an active rash, wound or infection.
- Wait at least 2 weeks after Botox or similar wrinkle-relaxing injections and hyaluronic-acid fillers before EMFACE. Swelling, tenderness and bruising must also be resolved. Wait at least 1 month after Sculptra. Report other filler types and injection sites before scheduling.
- Pause topical retinol/Retin-A on the treatment area for 3 days beforehand. Coordinate any prescription skin treatment with its prescriber. Arrive without makeup, lotions, creams or removable jewelry on the area.
- Keep taking prescribed medicines unless the prescribing clinician tells you otherwise. Tell us about blood thinners and all supplements.

During treatment

- Warmth and facial muscle contractions are expected sensations. Burning or painful heat is not a sensation to tolerate: tell staff immediately.

After treatment

- Return to usual activities as you feel comfortable, following any area-specific instructions. Be gentle with irritated skin and use only products the clinician approves.
- Protect exposed skin from the sun. Keep retinoids, acids and other irritating products off red or irritated skin until it has returned to normal.
- Keep your scheduled review. Results and any maintenance plan are individualized.

When to contact us

- Call promptly for blistering, burns, increasing swelling or pain, persistent numbness, facial weakness or eye symptoms. Sudden vision changes or other severe symptoms need urgent assessment. Call 911 for trouble breathing, swelling of the tongue or throat, chest pain, collapse or stroke symptoms.

Patient initials: _____ I acknowledge receipt of these instructions.

A copy will be kept in my patient record.